



# Perennia Parrot

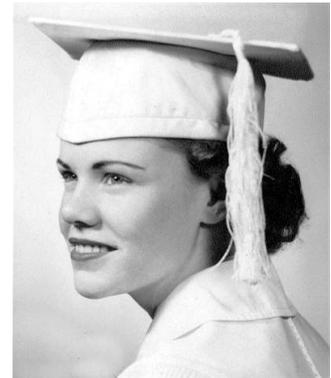
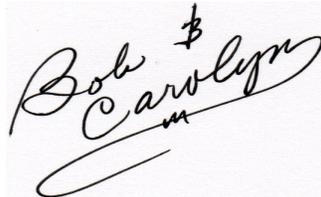
Volume 30, #1

Polytechnic High School ... 1894~1972 ... San Francisco, California

April, 2017



Robert "Bob" Ross  
Spring 1955  
Editor:  
Dec 1985 ~ Dec 2016



Carolyn (Bier) Ross  
Spring 1957  
Assistant Editor  
Dec 1985 ~ Dec 2016  
"The Lady with the **RED PEN**"

***It is sad to see you retire after all those amazing years you and Carolyn spent putting together the Perennial Parrot, it not only showed your dedication, but your loyalty to Polytechnic and its Alumni. So enjoy the relaxation in the good ole' rocking chair, the cocktails, and your new adventures!***

***WE THANK YOU!***

***The Parrot Will Always Be With You!***

***The Perennial Parrot is going to continue on and hopefully continue its spirit and dedication as Bob and Carolyn have done for the past 30 years. In this issue you will see the first Perennial Parrot newsletter, and it is amazing to see the difference today; a job well done.***

***Remember, You the Alumni make this Newspaper live on, so your stories, from the days at Poly are Important and should be told. So lets hear from you.***

***Let the Stories begin!***

# Something From The Past

## The First Issue



NUMBER 1



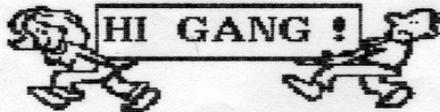
PREMIER

EDITION



DECEMBER 1986

How about this apple! Our Gang has finally entered into the uptown world of the high tech "Com-pooter" Newsletter. I'll bet that somewhere, someone is saying "Yeppers, the world will probably never be the same again!" Just about the same time that we bought this PC and I was looking at programs to make this, Mary Lou called down here and not knowing what we were doing suggested "why not make a newsletter"; OK Mary Lou, you asked for it--you got it! Carolyn picked the name for our little publication. We both think that this group is a pretty special one, maintaining itself through the years and now growing stronger with "age". After all these years, Our Gang deserves the adjective "PERENNIAL".

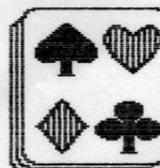


We are not going to try and put out one of these every month or two months as it took three nights of trial and error just to make the banner at the top of this page. Yes, the banner has been saved on floppy disk for easy recall for the next newsletter. But if everyone will send us "tidbits" when they think of it, as soon as we have enough "gossip", we'll put another one on the press and we can all keep up with one another's fun and games! About this time next year we'll get started on the next "GATHERING".

Those of you wanting a copy of the video will have to get after the ones who said they were going to send me some more pictures to add to it. I'm ready to start the camera rolling as soon as all of the actors arrive on the set! By the way Marilyn, I don't know who you sent that check to but someone is \$6 richer! If you find it, just hang on to it until you get the tape-OK!



We want to say THANKS to Gordie, Joanne, Dorine and Marilyn for the SF 49'er clock. I doubt that there is another one in the whole state of Texas! GO GET 'EM TEAM !!!



HI Dolores-I've got a Las Vegas program in my com-pooter and think of you every time I play the Poker Slot Machine! Save your quarters and we'll do better next time-I HOPE By the way Louie-have you contacted Dagmar yet about Richard Sperring? (Pictures?)

**MEMO**  
**WE HAVE**  
**"3" MORE**  
**POLYTES!**

Marilyn didn't waste any time finding two more old classmates, but she did forget to send their telephone numbers! Ronnie

also came up with another one, (shame on you Gary—may the Great Parrot leave droppings on your doorstep!) So get out your pens and add these to your address books:

-  PELLEY & EDIE FALK  
3034 MILLBRIDGE DRIVE  
SAN RAMON, CA. 94583
-  ROY & ANN GILLETTE  
7929 KENTWOOD WAY  
PLEASANTON, CA. 94566  
(Spring '57 Class President)
-  JULIA MARTE  
87153-3 HELELOVA ST.  
NANAKULI, HA 96792  
(808) 668-8302

Welcome Aboard Y'all  
"MAY THE PARROT BE WITH YOU"

As for the rest of you "BIRDS", don't forget over the upcoming months to keep searching the deep fathoms of closets and drawers for lost classmates wanting to return with us to remember the best days of our lives!

Now don't forget to look under those tiny rocks on



the floor of your closet. OK! Why who knows, one of these days we may have enough people to fill all the rooms of the Circus-Circus! Hell! Now I'll go broke buying stamps to mail out all those newsletters! You guys aren't really going to put us in the "Poor House" are you? Oh well—guess we can have the gathering there as well as anywhere else!



**JUST KIDDIN' GANG**

Now that I've reminded Louie about the (pictures), I'll remind Marilyn and Herb and ask everyone else to make one final check in hidden places—help me out gang—I'd like to get the video done and cyps to those wanting one.

Although we are still building on our house, and probably will be for several years, we would like to extend an open invitation to one and all—come down to Texas and visit a spell, ya hear! Got plenty of room, fishing, boating and swimming. If hot weather is not to your liking, then mid May to late June is the best time to come. Yes, we do have air conditioning, but we spend most of the summer "IN" the lake.



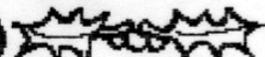
Those of you who missed Reno missed a great time! You even missed seeing this gray haired old man shed a "few" tears when it was time for goodbyes! Mary Lou and Ual presented us with a Cabage Patch doll—yes, we sent in the adoption papers and named him "Jay R. Ross". Thanks Gang, it was GREAT!!!

So now we'll end this first edition of our newsletter with these special words to all you "SPECIAL PEOPLE";

**FROM OUR HOME**



**TO YOURS**



**MERRY XMAS**

**(Y'ALL)**

&

**A HAPPY**



**NEW YEAR**

"MAY THE PARROT BE WITH YOU"  
Bob & Carolyn Ross Publishers

*Bob & Carolyn Ross*  
*We Love All Y'all Gang!*

# *A FEW PHOTOS FROM THE 2016 ALUMNI LUNCHEON*



## **The Perennial Parrot Newsletter**

Editorial Staff: Art Lidstrom and Marilyn Lewis  
172 La Mancha Dr. Sonoma, CA 95476  
Home: 707-934 - 8357

E-Mail: [PerennialParrot@gmail.com](mailto:PerennialParrot@gmail.com)

Perennial Parrot Web Site  
[www.PerennialParrot.com/index.html](http://www.PerennialParrot.com/index.html)

HAIL POLY Web Site  
[www.maxie24.com/hailpoly/HailPoly/index.html](http://www.maxie24.com/hailpoly/HailPoly/index.html)

POLY Alumni Association  
New email address forth coming



**A FEW MORE PHOTOS FROM THE  
2ND ANNUAL POLYTECHNIC ALUMNI LUNCHEON**

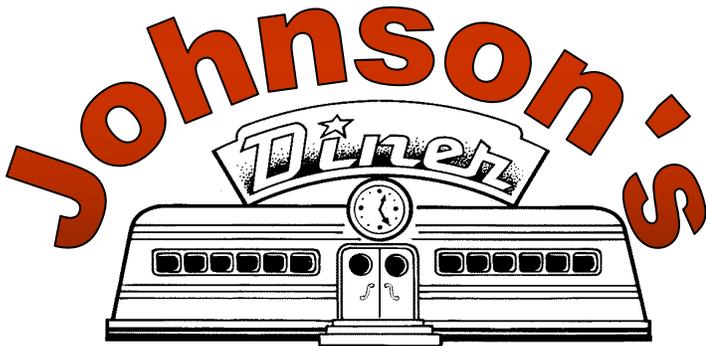


**POLYTECHNIC ALUMNI ASSOCIATIONS**

**NEXT ANNUAL LUNCHEON**

**WILL BE ON  
SEPTEMBER 16, 2017  
AT THE  
PATIO ESPANOL  
2850 ALEMANY BLVD  
SAN FRANCISCO, CA 94112**

**INVITES SHOULD BE IN THE MAIL SHORTLY**



Where the elite meet to eat



*Filet Gumbo*



*Tomato Soup*

### Best Ever Tomato Soup Ingredients

- 1 medium white or yellow onion
- 6 tablespoons (3/4 stick) butter
- Two 14.5-ounce cans diced tomatoes
- One 46-ounce bottle or can tomato juice
- 3 to 6 tablespoons sugar
- 1 or 2 tablespoons chicken base, or 3 chicken bouillon cubes
- Freshly ground black pepper
- 1 cup sherry, optional
- 1 1/2 cups heavy cream
- 1/4 cup chopped fresh basil
- 1/4 cup chopped flat-leaf parsley

### Gumbo Ingredients

- 3 large boneless skinless chicken breast halves
- Salt and pepper
- 1/4 cup vegetable oil
- 1 pound smoked sausage, cut into 1/4-inch slices
- 1/2 cup all-purpose flour
- 5 tablespoons margarine
- 1 large onion, chopped
- 8 cloves garlic minced
- 1 green bell pepper, seeded and chopped
- 3 stalks celery chopped
- 1/4 cup Worcestershire sauce
- 1/4 bunch flat leaf parsley, stems and leaves, coarsely chopped, plus chopped leaves for garnish
- 4 cups hot water
- 5 beef bouillon cubes
- 1 (14-ounce can) stewed tomatoes with juice
- 2 cups frozen sliced okra
- 4 green onions, sliced, white and green parts
- 1/2 pound small shrimp, peeled, deveined and cooked

### Directions

To begin, dice the onion. Melt the butter in a large pot or Dutch oven. Throw in the onion and cook until translucent. Now dump in the diced tomatoes and stir to combine. Add the tomato juice. Next - and this is important - in order to combat the acidity of the tomatoes add 3 to 6 tablespoons of sugar. Now, you'll want to start on the low side, then taste and add more as needed. Some tomatoes and juice have more of an acidic bite than others. (For what it's worth, and I realize it's not worth much, I use 6 tablespoons of sugar.)

Next, add 1 or 2 tablespoons chicken base to the pot. I added 3, and it wound up being a little too much.

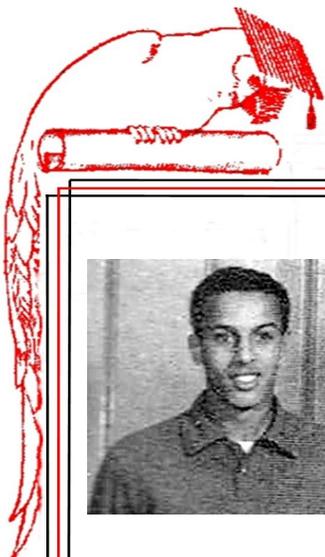
Now you can add lots of freshly ground black pepper. Stir to combine, then heat almost to a boil. Then turn off the heat.

### Directions

Season the chicken with salt and pepper. Heat the oil in a heavy bottomed Dutch oven over medium-high heat. Cook the chicken until browned on both sides and remove. Add the sausage and cook until browned, then remove. Sprinkle the flour over the oil, add 2 tablespoons of margarine and cook over medium heat, stirring constantly, until brown, about 10 minutes. Let the roux cool.

Return the Dutch oven to low heat and melt the remaining 3 tablespoons margarine. Add the onion, garlic, green pepper and celery and cook for 10 minutes. Add Worcestershire sauce, salt and pepper, to taste and the 1/4 bunch parsley. Cook, while stirring frequently, for 10 minutes. Add 4 cups hot water and bouillon cubes, whisking constantly. Add the chicken and sausage. Bring to a boil, then reduce the heat, cover, and simmer for 45 minutes. Add tomatoes and okra. Cover and simmer for 1 hour. Just before serving add the green onions, shrimp and chopped parsley.

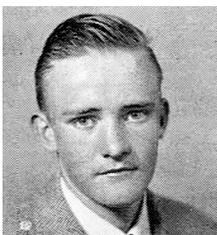
# In Remembrance Of Our Classmates Who Have Passed Before Us ....



Leslie "Les" Barros 81  
Class of 1953  
1935 ~ January 4, 2017  
Inducted into SF Prep Hall  
of Fame in 2013  
Inducted into College of  
San Francisco Hall of Fame



Ford Ellsworth Long, Sr. 88  
Class of Spring 1947  
Jun 9, 1928 ~ Jan 1, 2017  
POLY Sports Hall of Fame



Thomas F. Mitchell 92  
Class of 1942  
July 2, 1924 ~ December 18, 2016



Albert Eugene Gordon 86  
Class of Spring 1949  
July 27, 1930 ~ February 11, 2017



Robert Joseph Suhl 85  
Class of Spring 1949  
January 9, 1931 ~ December 28, 2016



Warren Fairbanks 82  
Class of 1951  
March 20, 1934 ~ March 3, 2017



Manuel John Marquez 86  
Class of Spring 1948  
August 19, 1930 ~ December 28, 2016



David Irwin Hill 85  
Class of 1949 (?)  
March 25, 1931 ~ February 17, 2017



Don Perea 70  
Class of Fall 1964  
September 7, 1946 ~ February 5, 2017



Harvey John Vicchio 93  
Class of Fall 1941  
September 8, 1923 ~ March 5, 2017  
All City Football 1940/41

Dorothy Christine Dawson 88  
Class of 1949  
June 5, 1928 ~ January 1, 2017

Richard Filipello Class of 1964  
Sorry, No further information



Rudi Aron 92  
Class of 1942  
July 13, 1924 ~ January 27, 2017

# Kibbles And Bits And Pieces



## I REMEMBER WHEN

I remember one day at Poly, during gym class (it was third period) and waiting for Mr. Axt to do roll call. Well one thing led to another and all the climbing ropes were let down and no one put them back up, so when Mr. Axt came up and saw the ropes he asked those responsible to step forward, no one did. Mr. Axt commended us on our loyalty to one another, so he said: "It's a nice day for a run to Stow Lake and around it." Well with only 25 minutes left before our next period, we broke our butts to get there and back with no time to take a shower unless you had 4th period lunch. But the real story was that Jerry Brooks thought he had a quick way back to school, by jumping on the back of a laundry truck. We yelled at him what are doing? He said: "It's going back towards school." Only thing about it was he ended up at the beach

in his gym clothes and no money. He finally showed up sometime in the 5th Period, more like the end of it. I am not sure but I think he ended up with a cut slip? It only goes to show you that sometimes there is never an easy way to get away with something.

\*\*\*\*\*  
Can anyone remember who hung the effigy of Mr. Nackard in 1957? If you know the story, lets hear the tale.

Also, I know there are more stories to be told during our days at Poly. Remember this newsletter is about Poly and the many hilarious times we had at school. Your input is important, so start sending those stories to us.

### BEAT LOWELL



### Poly Alumni

*For those who know*

**Noreen Neely:**

*She is now in an Assisted Living Residence .*

*Monaco Ridge Assisted Living*

*10101 Double R Blvd #A49 Reno, NV89521*

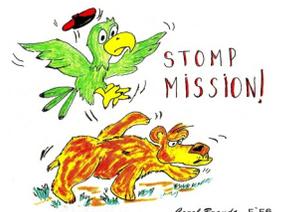
*Tel: 775-982-8449*

*Would love to hear from you*

**Note:**

*We are starting a new column that will inform the Alumni as to who is ill or in the hospital. This column will be for the people who would like to send a card, call, or go visit them. This column will only exist by receiving the information so that we can post on the web site.*

### TAME THE LIONS



***Remember This Thought!  
Every Day Is A New Day, Be Thankful***